

Embassy of India, Abu Dhabi celebrates 11th International Day of Yoga

June 09, 2025

Embassy of India, Abu Dhabi will organize grand celebration of the 11th International Day of Yoga (IDY) in Abu Dhabi on June 21, 2025 under the theme, “Yoga for One Earth, One Health”. As part of the celebrations, Embassy will organize two marquee Yoga events led by global Yoga experts at the iconic venues of Abu Dhabi National Exhibition Centre (ADNEC) and Louvre Abu Dhabi Museum. These celebrations coincide with the UAE Year of the Community.

2. The morning Yoga event at ADNEC, organized by the Embassy in partnership with Abu Dhabi Sports Council, will take place from 11:00–12:00 hrs on June 21. H.E. Sheikh Nahyan Mubarak Al Nahayan, UAE Minister of Tolerance and Coexistence will grace the occasion as Chief Guest. Tennis ace, Ms. Sania Mirza, a former doubles World Number 1 in Tennis and winner of 6 Grand Slam titles will be the Guest of Honour. Yoga enthusiasts are invited to participate in the event by submitting their details on the link – <https://t.co/gAZqL7Gm5t>.

3. The evening Yoga event will take place in Louvre Abu Dhabi Museum from 18:45-19:45 hrs on June 21. Yoga enthusiasts may register for the event at the website of the Museum - <https://www.louvreabudhabi.ae/en/whats-on/international-day-of-yoga-2025> .

4. The participants will be provided Yoga mats, IDY T-shirts, water and healthy refreshments on a first-come first-served basis.

5. This year marks over a decade since the United Nations, with an endorsement by a record 175 member states, adopted India’s proposal to designate June 21 as the International Day of Yoga. Embassy has been celebrating IDY since its proclamation by the UN in 2014. The last IDY celebration organized by the Embassy in Abu Dhabi in 2024 saw the participation of External Affairs Minister of India, Dr. S. Jaishankar. Yoga is increasingly becoming popular across the world as a means to achieve holistic health and wellness. The IDY celebrations further reinforce the message of Yoga and promote awareness about its beneficial impact on the global health.